HOW DO YOU MODEL COMPASSION DURING THE ELECTION?

U.S. Bishops invite Catholics to model compassion and respectful dialogue with their families, communities, and parishes, and call on others to do the same.

How can we keep a conversation open instead of closed? When we hear a family member, friend, or colleague disparaging someone else, we are called to suggest compassion instead. This may involve much patience and many conversations over time to help friends or families recognize why particular language is not respectful of others’ dignity.

HOW TO MODEL COMPASSION?

1. Recognize the very presence of God and human dignity in all our brothers and sisters.
2. Presume others’ best intentions and listen to their stories with empathy.
3. Put your faith into action and make room in your heart for those with whom you disagree.
4. Commit to seek understanding before seeking to be understood.
5. Use words that evoke love and respect.

RESOURCES

U.S. Bishops’ National Civility Efforts
A response to Jesus’ call to love our neighbor

PRAYER

Lord Jesus, may your love guide and direct our actions and words so that we may live out your example to love each person.

“May you be sowers of hope, builders of bridges and agents of dialogue and harmony.”

POPE FRANCIS
Message during Apostolic Journey
April 29, 2017